

Pastoral Services



Pastoral care at St John of God Health Care aims to bring comfort through services that are caring, compassionate and affirming. We engage in a holistic approach that respects the dignity and worth of each person inclusive of cultural, spiritual or religious affiliations.

Our Pastoral Services team offers a free, confidential, supportive presence for patients, families and carers. We provide spiritual and emotional care and support to a person in response to the many spiritual issues that can arise in the context of illness, loss, suffering, lived experiences and dying. At the centre of pastoral care are the questions 'Who am I?' and 'Why am I here?' Questions about meaning, purpose and identity. Our service provides a safe and private opportunity to explore and reflect. It is a person-centred approach that is concerned with the whole person in their experience of ill-health.

Our Pastoral Services team

Pastoral Services is an integral part of the healthcare team at St John of God Health Care. Practitioners are specifically educated and professionally trained to work in the area of pastoral care. We are sensitive and respectful of different faith traditions, beliefs and cultural needs as well as supporting people with no specific religious beliefs or practices. The team draws on many years of experience in pastoral care and can work with individuals or with groups. Referrals are broadly received from the health care team, family / carers, and self-referral.

There are many reasons why you may wish to contact Pastoral Services, some of which may include:

- Feeling alone, worried, sad or distressed
- Feeling anxious about your treatment, health journey or diagnosis
- Wishing to receive the special ministries of your

faith tradition or church

- Wanting someone to pray with you
- Feeling concerned about family relationships
- Facing significant changes in your life
- Needing support adjusting to feelings of loss and/or grief
- A desire / need to share or to have someone listen deeply

Chapel/sacred space

The chapel is a quiet welcoming space of peace and hospitality where all are welcome. At each site the sacred space is located centrally, near the café. They are open every day and can be used for personal reflection, meditation, prayer or other spiritual practices. Holy Communion can be offered to Catholic patients and Mass is celebrated on a monthly basis. Visits by accredited chaplains from various religious denominations can be arranged or you are welcome to personally contact your own faith representative to visit.

How to contact Pastoral Services

Pastoral practitioners are available Monday to Friday usually between 9am and 4.30pm across our hospital sites. A practitioner is also available on Sundays between 1pm and 4pm at our Berwick hospital. If you want to reach us, please ask your nurse to contact us or call the relevant number below.

St John of God Berwick Hospital T. (03) 8784 5042

St John of God Frankston Rehabilitation Hospital
T. (03) 9788 3318

St John of God Langmore Centre T. (03) 9773 7000

Pastoral Services Manager: T. (03) 8784 5046

St John of God Frankston Rehabilitation Hospital

255-265 Cranbourne Road, Frankston VIC 3199
T. (03) 9788 3333 E. info.frankston@sjog.org.au

St John of God Langmore Centre

3 Gibb Street, Berwick 3806
T. (03) 9773 7000 E. info.langmore@sjog.org.au

St John of God Berwick Hospital

75 Kangan Drive, Berwick 3806
T. (03) 8784 5000 E. info.berwick@sjog.org.au



ST JOHN OF GOD
Health Care



**Consumer reviewed
and approved**

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