

Everyone deserves the dignity of a job

Do you have a suitable role?

What is IPS?

The employment specialists at Midland Head to Health provide a free support service for clients with mild to moderate mental health concerns called Individual Placement and Support, or IPS. This service supports people with barriers to employment to find and maintain a job they love.

Who is it for?

Together, our client and their case manager will decide if now is a good time in their mental health journey to consider finding a job, or re-entering the workforce. If it is, they are referred for our IPS service.

How does it work?

Our employment specialists work with clients to ensure they have the skills and training to be job-ready, then to find and apply for a job, prepare them for interview and support them as they start their new role. They also provide ongoing support to ensure a client stays mentally well and able to continue with their work.

I might have suitable roles

Great! We'd love to talk to you about:

- The type of role/s and job specifics
- How to welcome a client who has had or is experiencing a mental health concern to your workplace
- How we support our client to maintain employment

When our clients starts their new job with you, we will talk with you about their mental health barriers so you can task them appropriately.

How can IPS help people with mental health barriers?

Many of us think as a job as simply a way to earn income, but for a person with these challenges it is so much more: social inclusion and belonging, a daily routine, dignity and a positive impact on mental health, as well as the means to support themselves and their family.

For employers, they are likely to gain a motivated and loyal employee who adds to the diversity of the workplace.

With the opportunity to participate, a meaningful role to make their own and the support of our IPS employment specialists, the effects can often be profound for both the employee and the workplace.



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