Specialty spotlight – Pain service



A look at the services offered at St John of God Subiaco Hospital

St John of God (SJG) Subiaco Hospital's comprehensive pain service was established in 2008, and has continually evolved over the years to align with best practices and latest regulatory standards.

It includes acute, interventional, chronic and complex pain management services and is designed to ensure patients are provided timely access to the personalised care and support they require – helping to improve patients' quality of life, enabling them to get back to work and everyday activities, and enhancing their relationships with others.

Specialised pain team

SJG Subiaco Hospital is the only private hospital in the State which employs a pain nurse practitioner who works in an extended clinical nursing role and is qualified to request diagnostic investigations, prescribe medications, and receive and make referrals.

Our pain management team also comprises three experienced clinical pain nurses who provide patient education and assessment, and 12 surgical nurses who rotate through the procedural pain list.

In addition, the hospital benefits from the expertise of the largest cohort of accredited pain medicine specialists in WA, who are supported by highly experienced consultants with an interest in acute pain medicine.

Accessibility

We are also pleased to be the only private hospital in WA with a seven day a week pain service.

This means that patients who require urgent pain management can be admitted to the hospital by their pain specialist for an interventional procedure or acute care on short notice. It also means inpatients can easily be referred to the pain service via their treating specialist, eliminating prolonged wait times.

We also have two theatres in our hospital's Short Stay Unit which are primarily dedicated to pain procedures. As a result, pain specialists have access to regular theatre lists and ad hoc sessions.

Acute pain services

Acute pain services are delivered to admitted patients, quite often post-operatively, to:

• Provide early access to pain management regimes

- Manage adverse side effects of analgesia
- Optimise the patient experience
- Help ensure patients can be discharged on-time and in comfort

Our hospital's specialists have strong relationships with members of the pain team, and regularly refer patients to the service for their comfort and recovery.

Interventional pain services

Our hospital's pain specialists perform a wide range of approved interventional pain procedures which are undertaken internationally.

These procedures offer both short and long-term pain relief and have gained popularity amongst referrers and patients for their role in reducing high-dose and extended opioid prescriptions.

Complex and chronic pain services

Chronic and complex services are also offered to patients, with complex pain conditions who may require multidisciplinary specialist management.

Interesting facts about chronic pain

- Chronic pain is defined as constant daily pain which is experienced for three months or more in the last six months
- Chronic pain affects approximately 3.4 million Australians or one in five people
- 40% of early retirement is due to chronic pain
- The most common chronic pain reported is osteoarthritis and back issues, followed by musculoskeletal problems, other arthritis conditions, neurological disorders and cancer

Referrals

For the referral details of our hospital's pain specialists, please visit the Find a Specialist page on our website, **sjog.org.au/subiaco-findaspecialist**

For more information about our pain service, visit **sjog.org.au/subiacopain**

We look forward to caring for your patients and helping them to enjoy life.

Kind regards

Dr Jenni Morgan

Pain Management Head of Department St John of God Subiaco Hospital

Our pain team

Meet our highly experienced and compassionate team of pain specialists.

Pain specialists



Dr Joel Adams Acute



Dr Duane Anderson Interventional



Dr Chin-wern Chan Interventional



Dr Dorothy Chan Acute



Dr Daniel Ellyard Interventional



Dr Reza Feizerfan Acute/Interventional



Dr David Hamilton Interventional



Dr James Jarman Acute



Dr Michael Kent Interventional



Dr Brian Lee Interventional



Dr Raj Menon Interventional



Dr Jenni Morgan Acute/Interventional



Dr Michael Mui Interventional



Dr Grant Turner Acute



Professor Eric Visser Acute



Dr Hassan Zahoor Acute

To learn about our specialists' interests and expertise, please visit the **Find a Specialist** page on our website, **sjog.org.au/subiaco-findaspecialist**