



ST JOHN OF GOD

Midland Public & Private Hospitals

Midland

GP UPDATE

May 2017

CEO Message

Welcome to our latest GP Update.

We have been open for almost 18 months and it has certainly been a busy time at the hospital.

We were pleased to recently develop our ophthalmology service in conjunction with The Lions Eye Institute and commenced paediatric tours to make our littlest patients feel more comfortable; you can read more about these in this edition.

The hospital received wonderful results in the ACHS accreditation survey, with all 10 standards and their criteria either 'met' or (in six cases) 'met with merit'. This is certainly the result of our dedicated staff.

To enhance our services and provide you with more choice, our private doctors are now listed on Healthshare, a free, comprehensive and up-to-date online directory of specialists and allied health practitioners available to all GPs. Please find information on this platform enclosed.

I hope this newsletter has proved useful to gain relevant information on our hospital. If you have any queries or comments, I welcome you contacting me on (08) 9462 4904.

Dr Glen Power
Chief Executive Officer



Dr Michele Genevieve and Dr Matthew Summerscales Co-Heads of Emergency Department

Q. What is your medical background?

We both graduated in July 1998 and have fellowships from the Australasian College of Emergency Medicine. Upon completion of our fellowships we have worked exclusively in emergency medicine at a range of hospitals throughout Western Australia including Royal Perth Hospital, Swan Districts Hospitals and at various WA Country Health Service sites.

Q. What differentiates emergency medicine to other speciality fields?

Emergency medicine is all about providing timely quality care with compassion. We focus on making decisions as early as possible about the patient's ultimate destination for ongoing care to ensure we provide the highest quality of care in a timely manner. We also specialise in resuscitation medicine and trauma.

Q. How has emergency medical care changed in the past five years?

In recent times, we have concentrated more on the early provision of care with early decision making regarding the patient's ultimate destination. This focus assists in providing timely, quality care.

All surgeons at Midland are adept at laparoscopy and minimal invasive surgery in a wide range of general surgery and have embraced the

latest techniques to limit recovery time and reduce morbidity. We have many experienced surgeons trained to a high standard with a range of specialty expertise, short waiting times and excellent follow up care.

Q. What emergency care is provided at St John of God Midland Public Hospital?

Being able to provide emergency care locally is very important for the community. We can provide all levels of emergency care and as such there is no requirement for patients to have emergency care provided at a tertiary hospital. On occasion, however, we may refer or transfer a patient for inpatient care at tertiary hospitals.

Q. What is the Emergency Department team doing to continually improve patient care?

We assess our service on a weekly basis and make improvements to address any issues that arise. Ultimately, our aim is to be the best Emergency Department in Western Australia, if not Australia.

Q. What steps should GPs follow if they think their patient needs to attend the Emergency Department?

If you are sending a patient to the Emergency Department, please contact the Emergency Physician in Charge (EPIC) on (08) 9462 4679. Through this discussion if we identify the patient's ultimate destination may be a tertiary hospital, we may advise you to send your patient to an emergency department at a tertiary hospital instead.

New service a sight for sore eyes in Midland

The Lions Eye Institute Midland Eye Service has been set up at St John of God Midland Public and Private Hospital to assist local Aboriginal people with eye care issues.

Ophthalmologist Dr Hessom Razavi said the comprehensive service provided medical treatment and surgery at no cost to patients with a range of eye disorders and diseases.

"Impaired vision, caused by conditions such as diabetic eye disease and cataract, is a common problem among people from Aboriginal and Torres Strait Islander backgrounds," Dr Razavi said.

"We are collaborating with other service organisations in the area to ensure the local community has access to the best eye care services available," Dr Razavi said.

St John of God Midland Public and Private Hospitals Chief Executive Officer Dr Glen Power said the service was expanding the specialist services available locally, working closely with referring Aboriginal medical services.

"Eye conditions can be life limiting so it is great that we are able to provide this service close to home for people living in the east metropolitan region and Wheatbelt areas," he said.

"The partnership with the Lions Eye Institute with its focus on Aboriginal eye health and surgery underscores our commitment to closing the gap in health outcomes for Aboriginal people."

Funding from St John of God Social Outreach has provided the service with a specialised Optical Coherence Tomography unit (OCT). The OCT unit will facilitate early assessment of a range of conditions common in Aboriginal patients, enabling early referral and surgical intervention.

Dr Razavi said cataract surgery was one of the most common treatments provided by the service.

"Cataract surgery is the most common operations in the world; with the latest technology that we use, it is a safe, short and painless operation and leads to improvement of vision for most people in the community," he said.

Referral details

Ophthalmology at St John of God Midland Public and Private Hospitals

E: MI.referrals@sjog.org.au

F: (08) 9462 4085

P: PO Box 268, Midland WA 6939

For enquiries, please call Outpatient Services on (08) 9462 4293.



Meet Dr Luke McGuinn, Gynaecologist and Obstetrician

T: (08) 9462 5376
F: (08) 9462 4490
E: misessional.suites@sjog.org.au



Hospital tour gives children behind-the-scenes look before surgery

Children undergoing surgery at St John of God Midland Public and Private Hospitals can now have a behind-the-scenes tour of the hospital.

Paediatric Ward Nurse Manager Karen Robertson said the tours were designed to give children and their parents a chance to visit the hospital, the patient rooms, meet staff and ask any questions before surgery.

"Research shows that familiarising the child and their family with their surroundings and explaining what will happen to them, reduces their stress and encourages a good recovery," Karen said.

"At the end of the tour children receive a surgical doll, theatre hat and mask to play with and further familiarise themselves with their upcoming surgery."

The tours include a ward orientation highlighting the playroom, kitchens, patient rooms and parent beds, introduction to theatres and equipment, and information such as visiting and meal times.

"We encourage a parent to stay with their child by offering free meals and a bed for the parent. To make their hospital stay more comfortable, we also invite children to bring familiar toys with them," Karen said.

St John of God Midland Public and Private Hospitals offers a range of surgical care for children including ear, nose and throat surgery, general surgery and endoscopies.

Emergency care is also offered in the dedicated paediatric area within the Emergency Department.

"We provide 24-hour care for all medical cases, including common childhood conditions such as asthma, bronchiolitis, pneumonia, gastroenteritis, sepsis, feeding problems, appendicitis and constipation," Karen said.

RACGP CPD Sessions

These events earn 4 category 2 points.

Date	Topic	Location
6 June 6.30pm	'Facing the Pain': Chronic Pain Masterclass	SJG Subiaco Hospital
10 June 8.00am	Obesity Study Day (Category 1 ALM)	SJG Subiaco Hospital
13 June 6.00pm	General Surgery	SJG Midland Hospital

For full details or to register, please contact:
Elise Holder, Doctor Marketing Coordinator,
(08) 9382 6127 or elise.holder@sjog.org.au

autonomy and choice are important and valuable aspects of the Australian health system and I am providing another option for patients and GPs.

Second, respect for the individual and understanding that every patient is unique. What is right for one patient will not be for another.

Third, keeping an open-mind towards new knowledge, technology and developments while at the same time practicing according to the principle of first doing no harm.

Q. What are your areas of special interest?

My areas of special interest include;

- Minimally invasive surgery
- Diagnostic ultrasound
- Adnexal masses and fibroids
- Early pregnancy problems and infertility
- Endometriosis and pelvic pain
- Menstrual regulation in an era of low parity
- Incontinence and prolapse
- Management of oestrogen withdrawal
- Colposcopy and early detection of gynaecological cancer
- Simple and cost-effective treatments.

Q. What piece of advice do you share with your patients?

Help is available. Be active in your healthcare. Cancer of the cervix can be prevented by vaccination, regular screening and attention to symptoms. Many women assume they just have to put up with menorrhagia, urinary incontinence and prolapse, but help is available. Prevention, as in all areas of medicine, cannot be overemphasised in gynaecology and is also critically important when it comes to achieving good and lasting surgical outcomes.

Q. How long have you been working as a gynaecologist?

I have been a specialist gynaecologist since 2008, in this time I have kept learning and undertaking surgical courses to improve my skills. I have worked in both tertiary centres alongside subspecialists and in regional areas and sometimes remote areas where I have had to practice as a generalist on my own. I have always been on an on-call roster and have had exposure to a wide range of gynaecological emergencies and conditions including undiagnosed congenital abnormalities, heterotopic pregnancy, ruptured abdominal pregnancy and advanced stage cancer with haemorrhage.

Q. What attracted you to gynaecology?

Initially, minimal access surgery attracted me to the field of gynaecology. Vaginal hysterectomy is a standout example of minimal access surgery and endoscopic techniques have revolutionised surgery. I am interested in early and accurate diagnosis, particularly with diagnostic ultrasound and preventive aspects of gynaecological care. There are ongoing challenges to understand and manage in regard to epidemiology such as a reduction in parity, older maternal age, infertility and younger menarche with women, generally, spending many more years with reproductive potential but low parity and living many more years after menopause.

Q. What is your point of difference as a gynaecologist?

First, my consultation fees are, I believe, mid-range or reasonable and I am a gap-free provider of inpatient services. I believe that this makes specialist care accessible for most women. Patient

Raphael Services in expands service into Midland

St John of God Raphael Services delivers specialised perinatal mental health care to parents experiencing stress, anxiety and depression.

The Midland service has extended its appointments from one to two days per week to reach more parents in need. The service, delivered by a team of perinatal infant mental health specialists including psychiatrists, psychologists and mental health nurses, now operates on Wednesday and Thursday from 8.30pm- 4.30pm at 4 The Avenue, Midland.

The free service is available to all members of the community and is accessible via medical referral.

For more information regarding referrals and client eligibility visit www.sjog.org.au/raphael

Paediatric MRI Centre of Excellence

Perth Radiological Clinic is pleased to announce the provision of an on-site specialist paediatric MRI service, located at their clinic in the radiology department at St John of God Midland Public Hospital.

The new scanner allows both adults and children access to funded MRI scans under Medicare if referred by their GP for a range of medical conditions including chronic headaches, knee injuries and neck problems. Children also have access to scans for back injuries, neck and back pain, and falls onto their wrists and elbows (when an x-ray may not initially show injuries).

The radiology department has also recently installed two new low radiation dose CT scanners and four new ultrasound machines, making medical diagnostic imaging safer than ever before.

For more information about the paediatric MRI service visit www.perthradclinic.com.au

To unsubscribe or for any other queries or comments, please contact info.midland@sjog.org.au or call (08) 9462 4500