

GP UPDATE



ST JOHN OF GOD
Subiaco Hospital

July 2016

Meet Dr Tim Clay, Oncologist

T: (08) 6465 9200

F: (08) 6465 9250

A: Suite C202 Bendat Family Comprehensive Cancer Centre,
12 Salvado Road Subiaco WA 6008



Q. How long have you been working as an oncologist?

I finished basic physician training at Royal Perth Hospital at the end of 2009. After this I spent three years training in medical oncology at the University Hospital Geelong, Victoria and St Vincent's Hospital, Melbourne. I returned to Perth in early 2014 and I am currently in my fourth year as a specialist medical oncologist.

Q. What are your areas of special interest?

My major interests in oncology are the management of lung cancer and breast cancer. Both tumour streams represent areas of diversity of patient presentations and major advances in patient care. I am also building my practice in the areas of genitourinary oncology and colorectal cancer.

Q. What do you see as key to working in oncology?

I see communication as the key to oncology care – with patients, families and colleagues. A cancer diagnosis is usually extremely confronting and it is essential to guide patients and families through the cancer journey at all stages. To do this requires your colleagues' assistance at every step, whether it be physicians in the community or the hospital, nurses or allied health staff.

Q. What have you learnt from your patients?

Resilience, courage, humility and strength.

Q. What is your personal philosophy toward cancer care?

Hope – the patient, their family and friends must have a positive objective to aim for – whether this be large or small.

Honesty – to be able to tell the truth in an empathetic manner so the patient can prioritise what is important to them.

Accessibility – being accessible to patients, their families and colleagues.

Q. Are you currently undertaking any research?

After many years I am nearing completion of my doctoral thesis through the University of Melbourne. I am delighted to be part of the oncology clinical trials unit at SJG Subiaco Hospital and working as an investigator on the clinical trials offered at the Bendat Family Comprehensive Cancer Centre. I am also active with academic co-operative oncology groups across the country.

Q. What do you see as challenges in cancer care affecting patients?

Accessibility – we have so many wonderful new treatments available that are transforming the lives of those with cancer.

Affordability – can we make these new treatments accessible to as many as possible and balance their cost against many equally worthy competing priorities in health and society?

Upcoming education sessions

RACGP CPD Program

These events earn 4 category 2 points.

Date	Topic	Location
27 July 6.30pm	Updates in Plastic Surgery	SJG Midland Public and Private Hospitals
20 Aug 8.30am	Obstetrics and Neonatology	SJG Subiaco Hospital This event earns 40 category 1 points.
6 Sept 6.30pm	Cardiology	SJG Midland Public and Private Hospitals
20 Sept 6.30pm	Orthopaedics	SJG Subiaco Hospital

For more information or to RSVP, please contact Elise Bertoncini, Doctor Marketing Coordinator, on (08) 9382 6127 or elise.bertoncini@sjog.org.au

Grand Rounds

Date	Speaker	Topic
26 July 7.30am	Dr Robyn Yeo	'Blood pressure tablets just don't work on me'

Note: General practitioners can use these sessions to self-accredit CPD points.

Cancer Council program offers support across WA

To help our patients get back to a healthy lifestyle after cancer treatment, we are connecting them with Cancer Council Western Australia's Healthy Living After Cancer program.

This free health coaching phone service, run by experienced cancer nurses, offers support to be more active and help people with cancer work towards meeting their healthy lifestyle goals.

The program runs over a six month period and is available to people wherever they live in WA.

To register your patients;

T: Cancer Nurses on 13 11 20

W: www.cancerwa.asn.au/patients/staying-well/healthy-living-after-cancer/

New accreditations

St John of God Subiaco Hospital recently accredited the following specialists:

Roland BARROWMAN, Oral/Faciomaxillary

Mr Nicholas FROST, Orthopaedics

Dr Kevin KWAN, Gerontology

Mr Amro LABIB, General Surgery

Mr Christopher LIND, Neurosurgery

Dr Kumar JOGI, Radiology

Dr Leon SMITH, Oral/Faciomaxillary

Dr Patrik TOSENOVSKY, Vascular Surgery



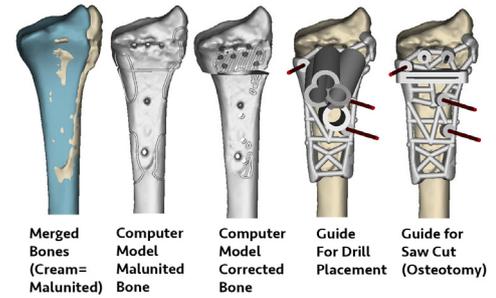
Specialist update - Distal Radius Malunion

by Mr Angus Keogh

T: (08) 9489 8784

F: (08) 9489 8720

A: Western Orthopaedic Clinic,
Suite 213 Subiaco Medical Clinic, Subiaco WA 6008



Distal radius malunion occurs when a fracture heals with altered length, inclination, tilt or intra-articular malalignment. Patients can be variably affected by malunion with some patients having no difficulties, while others have significant functional problems and pain. When function is affected, osteotomy (breaking the bone) and correction of deformity can assist some patients.

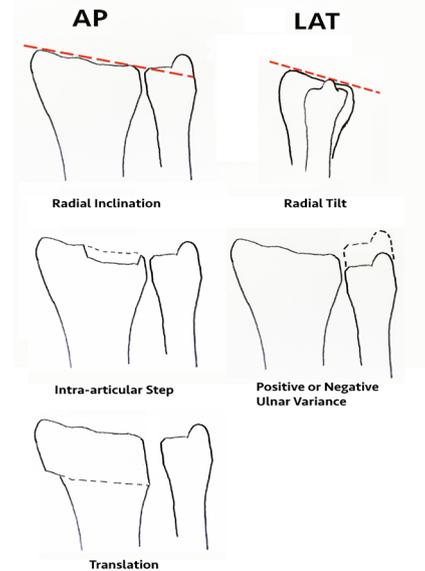
Previously, this surgery was performed by pre-operative templating of x-rays and measuring bony cuts relative to anatomical landmarks. Recent developments in computer engineering of osteotomy surgery have vastly improved the anatomical improvements achievable with surgery. Both extra and intra-articular corrections can be made using a computer model generated from a CT scan of the normal contralateral limb. While this procedure has now been applied to the distal radius quite routinely, other more recent applications involve mal-unions of the shoulder, ankle and forearm.

The procedure is as follows;

- A patient with a distal radius mal-union causing pain or functional problems is identified

- A CT scan is performed simultaneously of the normal and abnormal body part
- This information is referred to computer engineers who create a three dimensional computer model. Virtually, these models can be overlapped or merged, allowing direct comparison of the normal and mal-united body part
- A virtual cut in the bone is planned that allows correction of the deformity
- A virtual plate is applied to the bone, which will hold the bone in position while healing occurs
- A 3D printer constructs a jig system that can be applied at surgery directly to the bone. This guides the cut in the bone and also the drilling of screws for the plate chosen
- Once the cut in the bone is made through the jig and the drill holes are made, it is simply a matter of placing the plate on the bone and inserting the screws.

This system can eliminate error from the correction of radial mal-union and many other mal-unions.



Deputy Head of Department Appointments

We congratulate Dr Michael Gannon, Head of Department Obstetrics and Gynaecology, on his appointment as Federal President of the Australian Medical Association.

The hospital recognises the ongoing focus on obstetrics and gynaecology with the appointment of Dr Stuart Salfinger as Deputy Head of Department Gynaecology and Dr Melissa O'Neill as Deputy Head of Department Obstetrics. Both clinicians bring a wealth of experience to these new positions and will add value to the different aspects of these two specialities.

WA Nursing and Midwifery Excellence Awards winners

St John of God Subiaco Hospital was recognised at the recent Western Australian Nursing and Midwifery Excellence Awards (WANMEA). Enrolled Nurse Jeannette Tai won the Excellence in Enrolled Nursing category for her work in establishing and leading the hospital's Clinical Equipment Library service. Clinical Nurse Specialist Ann Annetts achieved an award in the Consumer Appreciation category for her work with the Drug and Alcohol Withdrawal Network (DAWN), after being nominated by the mother of one of her clients.

Clinical Nurse Specialist Justin Dorigo was a finalist in the Excellence in Primary, Public and Community Care category for his work with DAWN.

Medical Tribute Dinner

The St John of God Subiaco Hospital Medical Tribute Dinner is held biannually to recognise the outstanding careers and contributions of our retired doctors.

The dinner, held in May, is the hospital's way to honour our esteemed specialists in front of hospital executives, peers, friends and families for their significant contribution to medicine and commitment to the hospital. We were very proud to acknowledge the careers of Dr Louise Farrell, Obstetrics, Dr Ivan Thompson, General Surgery, and Dr Ben Williams, Anaesthesia.

On the evening, the 2015 David O. Watson Award for Excellence in Medical Teaching was awarded to Dr Milly Wong, Physician /Geriatrician. Teaching is an important part of the hospital and this worthy recipient is selected annually by our junior medical doctor workforce.



Dr Ben Williams, Dr Milly Wong, Dr Ivan Thompson and Dr Louise Farrell