

Environmental SWAPP RTUNITIES

What will you swap for the world?

By making small changes towards a greener lifestyle, we can help make big changes to our environment. Take a look below for tips on what you can swap for a healthier world.



1

Swap disposable coffee cups for reusable ones



By making a switch to reusable items, we'll help reduce waste going to landfill.



5

Swap food for compost



Invest in a compost bin and turn your food scraps into nutrient rich food for your garden.



2

Swap your car for pedal power or public transport



Catching the bus or cycling to work will help reduce greenhouse gas emissions.



6

Swap landfill for the recycling bin



Help reduce landfill by simply sorting your recyclable waste correctly.



3

Swap disposable items for reusables



Small decisions can make a big difference to our environment like swapping plastic lunch containers and utensils for reusable items.



7

Swap plastic water bottles for reusable ones



Although plastic bottles are recyclable, many end up in landfill and take up to 1000 years to break down.

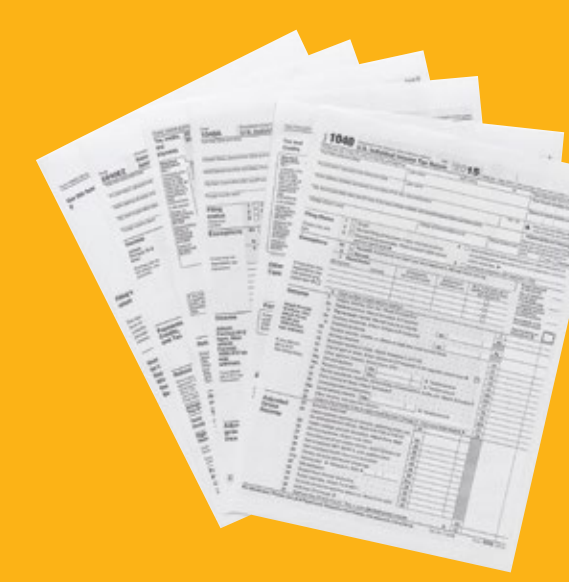


4

Swap the bin for cash



Earn some extra pocket money by taking your used containers to a recycling depot.



8

Swap printing for reading on screen



Using electronic documents will help save on resources.



By swapping sometimes for every time, we can help make a world of difference towards a healthier environment.

Learn more at sjog.org.au/murdochswap