

General Practitioner Services Directory

August 2021 edition



Hospitality | Compassion | Respect | Justice | Excellence



ST JOHN OF GOD
Midland Public & Private
Hospitals

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Introduction

St John of God Midland Public and Private Hospitals provides high quality care to people in the East Metropolitan region and adjacent Wheatbelt communities.

The 307-bed public general hospital, is operated under the terms of a Service Agreement with the State Government.

The 60-bed private hospital is co-located with the public hospital and is the only private hospital operating in the Midland area.



Handy numbers

GP Priority Hotline: 9462 4222 (general queries)

Private GP Admission Hotline: (08) 9462 4444

Emergency Physician in Charge (EPIC Hotline): (08) 9462 4679

Maternal and Fetal Assessment Unit: (08) 9462 4558

Dr Siobhain Brennan, Director GP Liaison (clinical queries): 0429 684 484

Home healthcare services (Health Choices): 1300 475 442

Hospital switchboard: (08) 9462 4000

Midland Physician Service: (08) 9462 5300

Midland Orthopaedics: (08) 9462 4523

Outpatient enquiries: (08) 9462 4030

Pathology (Australian Clinical Labs): (08) 9462 5192

Private allied health: (08) 9462 4281

Radiology (Perth Radiological Clinic): (08) 6274 3570

Private hospital services

St John of God Midland Private Hospital is a 60-bed private hospital co-located with St John of God Midland Public Hospital. It offers patients rapid access to the doctor of their choice.

We are currently accepting private referrals in the following specialties:

- Aged care and rehabilitation
- Allied health
- Bariatric surgery
- Dental Surgery
- Diabetology
- Ear, nose and throat
- Endocrinology
- Gastroenterology
- General medicine
- General surgery
- Gynaecology
- Haematology
- Infectious disease
- Neurology
- Ophthalmology
- Orthopaedics
- Paediatrics
- Pain management
- Plastic surgery
- Podiatry
- Renal medicine
- Respiratory medicine
- Sleep medicine
- Stroke medicine
- Urology
- Vascular surgery

Please refer to the Private Specialist Directory for a full listing of our private hospital specialists or for the most up to date information go to sjog.org.au/find-a-doctor.



Referrals and Doctor Hotline

Public patients

Surgical and clinical referrals

All surgical and clinical (not allied health or outpatients) referrals for St John of God Midland Public Hospital should be sent directly to the Central Referral Service (CRS).

To review the catchment area for public services, please see page 35.

Contact

F: 1300 365 056

E: centralreferralservice@health.wa.gov.au

Postal address

Central Referral Service

PO Box 3462, Midland WA 6056

If you have a patient that urgently requires operating, please phone the relevant on-call number. If you wish to admit a patient urgently who doesn't require Emergency Department triage and treatment, please phone our Patient Flow Unit on (08) 9462 4595. This number is operational 24 hours a day, seven days a week. Please fax any appropriate paperwork to (08) 9462 4075.

Referrals for allied health and outpatient services

Outpatient services have separate referral pathways, including Midland Physician Service, orthopaedic services, allied health, general outpatient services.

Medical and surgical outpatient appointments

Central Referral Service (CRS)

F: 1300 365 056

E: centralreferralservice@health.wa.gov.au

Post: Central Referral Services, PO Box 3462, Midland WA 6056

Allied health and general outpatients appointments

Allied health appointments include: dietetics, hydrotherapy, occupational therapy, physiotherapy, podiatry, psychology, social work and speech pathology. General outpatients appointments include: continence, diabetes (nurse-led clinics), ENT (internal referrals only), fracture clinic (internal referrals only), general surgery, geriatric medicine, gynaecology, obstetrics, oncology, ophthalmology (Medicare referrals only), paediatric medicine, plastics (Medicare referrals only), stroke, stomal therapy, urology (Medicare referrals only) and wound management.

T: (08) 9462 4293

F: (08) 9462 4085

E: MI.Referrals@sjog.org.au

Post: PO Box 268, Midland WA 6936

Hospital contacts

Director GP Liaison (clinical queries) – Dr Siobhain Brennan: 0429 684 484

GP Priority Hotline: (08) 9462 4222

Emergency Physician in Charge: (08) 9462 4679

Private GP Admission Hotline: (08) 9462 4444

Please do not email urgent communications and clinical correspondence via info.midland@sjog.org. For a prompt response, please call one of the numbers listed above.

Private patients

Private patients should be referred directly to the individual specialist. Please refer to our Private Specialist Directory for more information, or visit our website: sjog.org.au/midlandprivate (go to Medical Professionals section). Our website also includes a Find A Doctor function, which lists consultants working at the hospital and their contact details, see www.sjog.org.au/find-a-specialist.

For more information on our private hospital, see Private hospital services section.

Urgent admissions for private patients

For urgent admissions of private patients, please contact our Private GP Admission Hotline on (08) 9462 4444. The hotline gives GPs the ability to “fast-track” private admissions directly into the hospital by putting them in touch with the most appropriate consultant, without the need for patients to attend the ED.

Aboriginal Health Team

Linda Cresdee – Aboriginal Health Manager

T: 9462 4098 or 0438 720 344

The Aboriginal Health Team plays an integral role in the patient journey for Aboriginal and Torres Strait Islander patients and their families. The team is committed to improving the health outcomes of patients by providing a culturally safe experience whilst in hospital and ensuring culturally appropriate referral pathways are completed, if required.

Aged care, stroke and rehabilitation

Head of Department – Dr Amanda Boudville

Head of Service (stroke) – Dr Tim Bates

Our aged care, stroke and rehabilitation service located on level 1 provides multidisciplinary aged care and rehabilitation to patients aged 65 and over following illness, injury or surgery. The service has links with geriatric and aged care services, including the Swan Aged Care Assessment Team (ACAT).

Visit the My Aged Care web site to make an online referral: myagedcare.gov.au/for-health-professionals

Stroke Unit

Our 16-bed comprehensive Stroke Unit provides inpatient care for patients with acute stroke and stroke rehabilitation. Care is provided by a multidisciplinary team led by a stroke physician and consultant neurologist. The team works closely with patients, their families and carers to provide evidence-based care to promote functional gain and recovery. Early stroke intervention and thrombolytic therapy is also provided, if clinically indicated.

Rehabilitation Unit

St John of God Midland Public and Private Hospitals inpatient rehabilitation services (excluding stroke) are provided at St John of God Mt Lawley Hospital. The referral process has not changed for inpatients that require rehabilitation. The arrangement enables rehabilitation patients to receive highly specialised care in a dedicated rehabilitation ward and gym as a public patient. As a public patient, they do not incur any charges for their hospital stay, but still receive all the benefits from staying in a private facility. Stroke patients still undertake rehabilitation at St John of God Midland Public and Private Hospitals.

Geriatric Evaluation and Management Unit

Our 10-bed Geriatric Evaluation and Management Unit provides assessment and management of care for frail, older adults with multiple medical problems. Patients may be admitted to the unit following acute illness or via a direct admission from their general practitioner or treating physician after consultation with one of our geriatricians. Care is provided by a multidisciplinary team who work closely with the patient and their family and carers to provide evidence-based care to assist with recovery.

Please contact (08) 9462 4222 to speak with our on-call geriatrician.

Outpatient clinics

Patients have access to ongoing sub-acute care through the hospital's outpatient clinics. Where further rehabilitation is required, this is provided by the multi-disciplinary team.

Private patient referral pathway

Referrals can be made directly to medical specialists for private patients. Refer to the Private Specialist Directory on page 28.

Allied health

Director of Allied Health and Outpatient Services - Erin Wilson

Outpatient enquiries

T: (08) 9462 4000

F: (08) 9462 4080

E: mi.outpatients@sjog.org.au

Patients have access to ongoing care and sub-acute care through the hospital's outpatient clinics where further rehabilitation is required. This is provided by the multi-disciplinary team.

Allied health professionals work within multidisciplinary teams alongside medical specialists to provide evidence-based and effective care for patients. This includes assessments, health promotion, education and direct provision of specialist treatment and rehabilitation services.

We place an emphasis on healthy lifestyle and independence and assist patients physically, psychologically, cognitively or socially to overcome barriers related to disability.

Our allied health services include:

- Aboriginal cultural and community liaison
- Occupational therapy
- Physiotherapy
- Clinical psychology
- Podiatry
- Family support officers
- Social work
- Nutrition and dietetics
- Speech pathology

In addition, a care coordination team in the Emergency Department facilitates rapid assessment, treatment and discharge of ambulatory patients.

Private patient referral pathway

T: (08) 9462 4281

F: (08) 9462 5004

E: mi.alliedhealthprivate@sjog.org.au

Private patients requiring allied health care during their inpatient stay are able to access these services as a part of their treatment.

The following private allied health services are provided for outpatients:

- Occupational Therapy
 - Lymphoedema, memory clinic, falls, parkinsons, neurology
- Physiotherapy
 - Musculoskeletal, osteoarthritis, vestibular rehabilitation, hydrotherapy, chronic pain management
- Clinical Psychology
 - Psychological approaches to pain, sleep issues and sleep disorders, memory and cognitive testing
- Speech Pathology
 - Paediatrics – general feeding, swallowing, tongue tie / myofascial myology.
 - Adults – communication, swallowing including videofluoroscopy clinic
- Dietetics
 - Nutrition assessment of diet-related diseases, paediatrics, clinical support for bariatric surgery patients

To find out more information contact: 9462 4281

Anaesthetics

Head of Department - Dr Shedleyah Dhuny

Monday to Friday 8.00am - 4.00pm

T: (08) 9462 4766

Paediatric anaesthetic restrictions

- Greater than 52 weeks corrected age (i.e. >1 year old)
- Greater than 10kg
- ASA 1 or 2 for paediatrics (no complex medical conditions)
- Tonsillectomies - further inclusion criteria of >12 kg and >30 months old

Private patient referral pathway

Referrals can be made directly to pain management for private patients. Refer to the Private Specialist Directory.

Cancer and chemotherapy

Head of Department - Dr Sayed Ali

Head of Service (Palliative Care) - Dr Ranbir Dhillon

Monday to Friday 8.00am - 4.00pm

T: (08) 9462 4373

The Chemotherapy Unit includes 11 day chemotherapy chairs, situated in a bright and open setting.

The unit has strong links to the comprehensive cancer units at Sir Charles Gairdner Hospital and Fiona Stanley Hospital. This enables the assessment and management of patients with common cancers, such as breast, lung and colorectal cancers, with access to care close to home. The hospital does not provide an inpatient service.

Patients who access the service receive patient centred care from a specialist medical, nursing and allied health team. They also provide support for the patient's psychological and social needs as well as offer links to other cancer and community services.

Children, adolescents and young adults with cancer are referred to Perth Children's Hospital.

Critical care

Head of Service - Dr Michelle Ross-King

T: (08) 9462 4222 and ask to speak with the intensivist on call

The Critical Care Unit provides intensive care and coronary care delivered by a highly experienced patient care team.

Intensive care consultants are supported by registrars, senior nurses and allied health professionals to deliver the highest possible standard of safe, individualised, quality patient care.

Our caregivers support patients' family and friends, and actively encourage their involvement in planning and delivering of care where appropriate.

The 12-bed unit includes six beds designed to provide complex care for critically ill patients. The unit is classified as a level 1 ICU under the College of Intensive Care Medicine Australia and New Zealand guidelines (incorporating high dependency level care). It is staffed to manage patients with life threatening conditions or critical illnesses at a level of care that cannot be provided on a general ward or high acuity area. This includes patients with acute coronary syndromes, heart rhythm disturbances, continuous renal replacement therapy, valvular heart disease or heart failure. The unit includes a hospital cardiologist and echocardiography.

The hospital does not offer interventional cardiology procedures. Patients who require this type of treatment will be referred to an appropriate tertiary hospital for ongoing management.

D

Discharge summaries of patients

If you do not receive discharge information about a patient following discharge, please let us know so we can update our files via email: mihealth.information@sjog.org.au or fax: (08) 9462 4063.

For further information on our discharge summaries process, please contact Health Information Services on (08) 9462 5250.

E

Emergency Department

Heads of Department - Dr Michele Genevieve and Dr Matt Summerscales

Ground floor, car and pedestrian entry off Clayton Street

Open 24 hours a day, seven days a week

Emergency Physician in Charge (EPIC Hotline): (08) 9462 4679

The GP Liaison Consultant Emergency Physician can be contacted with any feedback, queries or suggestions regarding the Emergency Department via email: David.deVos@sjog.org.au

Our Emergency Department comprises 48 clinical treatment areas that provide free emergency care and treatment to public patients. The department includes three resuscitation bays and a self-contained paediatric assessment and treatment area. A close-knit team of 23 emergency consultants work in the department.

The Emergency Department provides care focusing on early assessment and treatment, prioritised according to the severity of illness.

Following initial triage, care is streamed to facilitate optimal patient flow by aligning the appropriate services and staff to deliver the necessary care in a timely manner.

The Emergency Department accepts patients for the following:

- Acute medicine, medical and general surgery
- Acute cardiology
- Acute adult psychiatry
- Geriatric medicine
- Obstetrics and gynaecology
- Paediatrics
- Stable GI bleeds

Limited ED services

Whilst the Emergency Department will see and treat all emergencies and determine whether a case can be admitted, the hospital does not generally provide emergency inpatient admissions in the following disciplines: ophthalmology, neurosurgery, child and adolescent psychiatry, ENT, orthopaedics, plastic surgery, urology and dental surgery.

If your patient requires specialist services not offered at this hospital, please refer them directly to a hospital that does provide these services.

Please note that after hours ultrasound availability is limited to suspected ectopic pregnancies or testicular torsion, and is not provided for DVT investigation. There is also restricted access to MR scanning for non life threatening illness.

Sending your patient to the Emergency Department for emergency treatment

If directing your patient to attend the Emergency Department for a specific procedure that is not covered by the Central Referral Service, please provide them with the following:

- Referral letter outlining your clinical concern
- Past medical history
- Medications list
- Copies of any abnormal results (i.e; high potassium, abnormal x-ray).
Note: we do not have access to results undertaken in community laboratories or radiology services.

If you have any concerns about your patient or the patient is very sick, in addition to providing a written referral letter, please contact the Emergency Physician In Charge (EPIC) on (08) 9462 4679, so the Emergency Department is prepared and can start the admission process. The EPIC can also provide advice about disposition or referral processes.

Admission as a private patient

Depending on the patient's clinical condition, they can choose to be admitted as a private patient via the Emergency Department to St John of God Midland Private Hospital. Treatment in the Emergency Department remains free of charge in this case, as all emergency patients are classified as public patients.

To read more about the private hospital, please see Private hospital services section.

F

Feedback

To provide feedback to the hospital, please contact one of the following:

E: MI.patientexperienceteam@sjog.org.au

T: 0429 684 484 (Director GP Liaison, Dr Siobhain Brennan)

T: (08) 9265 4222 (GP Priority Line)

General surgery

Our specialist General Surgeons provide a range of elective surgery and endoscopy services and a 24-hour consultant-led emergency general surgical service.

Our surgical sub-specialities include:

- Colorectal
- Breast
- Endocrine
- Hepatobiliary
- Upper gastrointestinal
- General surgery

Patients referred for elective general surgery are registered on the elective surgical waitlist and are managed and treated within a clinically acceptable time-frame based on their clinical urgency. Prior to surgery, patients meeting the hospitals' preadmission inclusion criteria are contacted for a preadmission assessment.

Routine admissions can be referred via the CRS. Referrals can be also emailed to mi.referrals@sjog.org.au or faxed to (08) 9462 4085, for more urgent or specific specialists' attention.

Our emergency general surgical service is accessed through our Emergency Department. Most patients are managed on-site, although a few patients may be transferred to a nearby tertiary hospital if they need complex care.

Other surgical specialties

Elective services available:

- Bariatrics (private only)
- Dental surgery (private only)
- ENT surgery
- Ophthalmology
- Paediatric endoscopies (private only)
- Paediatric general
- Plastics surgery
- Podiatry (private only)
- Urology
- Vascular surgery

Public referrals for the listed specialties above should be sent directly to the specialist. For a full listing of specialists refer to the Private Specialist Directory.

Private patient referral pathway

Private patients requiring surgical care as listed above can be referred to our private specialists. Refer to the Private Specialist Directory.

Discharge

After discharge from the hospital, a post-operative review by the speciality surgical team may be required and this may be held in the hospital's outpatient clinic or in a specialist's room. Discharge summaries will be sent to the patient's general practitioner.

If you do not receive discharge information about a patient following discharge, please let us know so we can update our files. Please email mihealth.information@sjog.org.au or fax: (08) 9462 4063.

Gynaecology

Head of Department - Dr Premala Paramanathan

T: (08) 9462 4481

The gynaecology department runs an early pregnancy assessment unit on Monday and Thursday mornings. This clinic is for miscarriage management, ectopic pregnancy (EPAS) management and emergency gynaecology. Appointments can be made through the booking clerk or if urgent please phone the on-call consultant obstetrician on 9265 4222.

The gynaecology service includes all areas, except IVF, sterilisation and oncology.

Private patient referral pathway

Private patients requiring gynaecology services can be referred to our private specialists. Refer to the Private Specialist Directory.



Home healthcare services

St John of God Healthcare at Home

T: 1300 475 442

F: 1300 460 436

E: athome@sjog.org.au

St John of God Healthcare at Home, formerly known as Health Choices, provides end-to-end care for patients, extending beyond the hospital, delivering extra clinical support after discharge.

The extra support at home can help reduce patients' feelings of isolation and vulnerability as they receive high quality, safe care in familiar and comfortable surroundings.

Our nurses and other health professionals provide the same high standard of care in the home as at St John of God Health Care hospitals.

We work closely with referring doctors and health services to develop person-centred care plans. Any concern or deterioration is flagged quickly with the patient's treating doctor.

GPs can refer patients to our care. For more information go to www.sjog.org.au/athome

Hydrotherapy

Monday to Friday 8.00am - 4.00pm

T: (08) 9462 4000

The hydrotherapy pool on the ground floor is used to assist patient rehabilitation from injury, illness and disability. It is also used in the treatment of chronic conditions and can be utilised by antenatal and postnatal patients.

Patients are initially assessed by a physiotherapist or an occupational therapist who designs an exercise program to be completed within the pool with the supervision of a physiotherapist, occupational therapist or allied health assistant.

Private patient care

Private patients requiring hydrotherapy treatment can access this service during their inpatient stay. Post natal and antenatal hydrotherapy classes are also available.

For more information or to book a class, patients should contact (08) 9462 4526.

Maternity

Head of Department - Dr Premala Paramanathan

Maternity reception - (08) 9462 4871

Birth Suite - (08) 9462 4859

Antenatal clinic reception - (08) 9462 4570

The Maternity Unit, located on level two, is run by midwives, doctors, nurses and allied health professionals with the support of paediatricians and other relevant specialities.

It provides maternity services from antenatal to postnatal care for medium and low risk pregnancies for women in the catchment area.

The hospital provides two maternity models of care for public patients:

1. A public maternity service is provided for patients that live in the catchment area. The service includes access to single patient rooms.
2. Shared care arrangements are provided with some local general practitioners, to assist with continuity of care.

Patients that meet the exclusion criteria are transferred to King Edward Memorial Hospital for care. The exclusion criteria includes:

- Triplets or more
- Co-existing malignancy (significant)
- Recognised severe respiratory syndrome
- Active TB
- Known major fetal abnormalities
- HIV
- Woman organ transplant recipient (due to medications being taken)
- No VBAC where the woman has previously had two or more caesarean sections
- Planned vaginal breech births in singleton
- MCDA twins (as unable to provide MCA monitoring)
- Major growth restriction prior to 34 weeks
- Pre-eclampsia prior to 34 weeks necessitating delivery prior to 34 weeks
- Placenta accreter
- Type 1 and 2 diabetes mellitus
- Autoimmune disorder not well controlled
- New York Heart Classification > 1
- Uncorrected heart defect
- Acute mental illness (e.g. acute schizophrenic episode)

The hospital also supports King Edward Memorial Hospital in the shared care management of women from the catchment area who are assessed as high risk. While these mothers birth at King Edward Memorial Hospital, they have their antenatal care at St John of God Midland Public Hospital.

Maternity patients are offered a range of inpatient and outpatient services, including:

- Physiotherapy to assist with pelvic girdle pain, back pain, painful episiotomy and incontinence
- Dietetics to provide education about healthy eating options while pregnant
- Antenatal education classes (usually Wednesday evenings and Saturday mornings)
- Emergency obstetric services, including emergency caesarean procedures
- Neonatal Unit with a six-cot level 2 Special Care Nursery
- Postnatal referrals for mothers at risk of postnatal depression.
- Diabetes Nurse Educators to provide support for women with gestational diabetes

Early Pregnancy Assessment Service (EPAS)

Monday 1:00pm to 5:00pm

Thursday 1:00pm to 5:00pm

The EPAS clinic is suitable for women in the first trimester who have had a positive pregnancy test and one or more of the following:

- all threatened miscarriages
- missed miscarriages
- abdominal / pelvic pain
- vaginal bleeding
- previous ectopic pregnancy
- previous tubal surgery
- two or more previous miscarriages
- IUCD in-situ.

GPs can refer directly to the EPAS clinic in the following two ways:

1. Fax the referral to our referrals team on 9462 4085 and mark for EPAS and/or urgent. Then make a follow up call to the referrals team on 9462 4293 to ensure it is immediately actioned.
2. Email the referral to MI.UrgentReferrals@sjog.org.au, which is actioned immediately.

All referrals are triaged on a daily basis by the consultant on call.

Please note that this is the most effective referral process for patients. Please do not send patients that have had a diagnosis of missed miscarriage on an ultrasound scan to ED to get an EPAS clinic referral from ED.

Due to the high demand in our ED, we have had patients complaining about long wait times in ED and then being told they will not be having an immediate EPAS appointment.

The process above does not include referrals to the ED for patients that require urgent attention, such as ectopic pregnancies or heavy PV bleeding.

Antenatal care

- Antenatal clinic rooms for obstetric clinics
- Midwifery clinics
- Maternal foetal monitoring rooms
- Specialist Aboriginal antenatal clinic
- Antenatal education classes twice a week
- Shared care with general practitioners, Community Midwife Program and Moort Boodjari Mia: mothers to be seen at the hospital for their initial booking visit then again at 36 and 40+ weeks. Additional appointments will be scheduled if they require more intensive supervision and management by hospital-based midwives and obstetricians.

Model of care

- Booking scheduled at 16 weeks with midwife and obstetrician
- Mothers are streamed into either specialist obstetric or midwifery clinics depending on risk factors
- Regular visits are scheduled with a midwife, unless there is a change of condition – includes women for vaginal birth after caesarean and booked caesarean sections
- Seen by obstetrician at 36 weeks and then at 40+ weeks for birth plan
- Mothers requiring one-on-one care due to their condition, e.g. postpartum hemorrhage or hypertension, can be transferred to St John of God Midland Public Hospital's Intensive Care Unit or to a tertiary hospital.

Birthing care

- Ward area
 - 24 single bedrooms, including one isolation room for acutely unwell mothers / babies to be managed with a high level of care
 - Other services are available such as baby photography, free entertainment, access to a pantry for visitors, boarder arrangements under some circumstances and discharge lounge facilities
- Five birth suites
 - All with ensuite facilities
 - One set up for twin deliveries
 - One includes a bath for pain relief
- Dedicated theatre adjacent to birth suite in the operating theatres
- Three maternal foetal assessment rooms
- Six-cot Special Care Nursery – level two
 - One positive pressure isolation room
 - One isolation room
 - Admissions of infants from 34+ weeks
 - Care for short term CPAP and ventilation until transfer can be arranged to a tertiary hospital
 - Transfers from tertiary hospital for continued care close to home

Postnatal care

- Home visiting midwife service by the hospital to provide continuity of care, ongoing advice and governance
- Lactation consultants
 - Referrals from midwives – ward and antenatal clinic
 - Participation in antenatal education.

Mental health

Head of Department - Dr Stephanus Schutte

T: (08) 9462 4000

F: (08) 9462 4050

Our 56-bed Mental Health Unit located on level four provides a multidisciplinary service to people who need mental health care.

The unit comprises three public wards:

- 25-bed adult mental health ward (for patients aged 18-65)
- 16-bed older adult mental health ward (for patients aged 65 and older, or 55 years and older for Aboriginal patients)
- 15-bed secure ward (for patients aged 18-65)

It provides a safe and supportive environment which includes abundant natural light in all patient rooms, four courtyards, a gymnasium, art therapy rooms and a variety of patient lounges.

Multidisciplinary care is provided to all patients based on an individualised recovery model, comprising an allied health-driven therapeutic program.

Inpatient services include medical consultation, assessment, treatment and diagnosis. A psychiatric consultation liaison service is available to patients in the public hospital. Electroconvulsive therapy is available as a treatment option.

Patients can be referred to the unit by community mental health services or other medical specialists, or by self-presenting at the Emergency Department for review by a mental health specialist practitioner.

Children and teenagers in urgent need of mental health care will receive care in the hospital's Emergency Department. Any child or teenager with a primary mental health diagnosis who needs to be admitted to hospital will be transferred to another hospital for care in an appropriate environment. St John of God Midland Public Hospital's Mental Health Unit admits patients aged 18 years and older.

The unit has close liaison and clear referral pathways with the local public community mental health service as well as other community agencies, including drug and alcohol services. A senior discharge coordinator ensures a smooth transition back into the community for all patients. In addition, community follow up is provided post discharge for our older adult patients for up to two weeks.

Midland Physician Service

Heads of Department:

General Medicine and Medical Specialties - Dr Siew Chong and Dr Andrew Langlands

Heads of Service:

Gastroenterology - Dr Jee Kong

Respiratory and Sleep - Dr Francesco Piccolo

E: mps.admin@sjog.org.au

T: (08) 9462 5300

F: (08) 9462 4510

The Department of Medicine provides adult inpatient and outpatient general and sub-specialty medical care for people with medical illnesses and investigation of undiagnosed illnesses. It is staffed by physicians collectively known as the Midland Physician Service, who provide 24/7 general and internal medical cover to the Emergency Department and the public and private medical wards.

Patients who attend the hospital's Emergency Department may be transferred to the medical wards on level three to receive the most appropriate care. If patients require a level of care only available in a

tertiary hospital, the department works with clinicians at other sites to seamlessly transfer patients to the most appropriate clinical team.

Midland Physician Service is a multispecialty practice encompassing the breadth of general medicine and medical sub-specialties for both inpatient and outpatient services, including:

- Cardiology
- Diabetes
- Endocrinology
- Gastroenterology (including endoscopy)
- General medical
- Haematology
- Infectious diseases
- Neurology
- Respiratory (including lung function testing)
- Renal medicine
- Sleep medicine

Public referral pathways

Central Referral Service (CRS)

F: 1300 365 056

E: centralreferralservice@health.wa.gov.au

Post: Central Referral Services, PO Box 3462, Midland WA 6056

Private patient referral pathway

Private patients requiring any general surgical care as listed above can be referred to our private specialists. Refer to the Private Specialist Directory.

N

Neonatology

Head of Department - Dr Noel Friesen

T: (08) 9462 4482

F: (08) 9462 4442

Our Neonatal Unit is located adjacent to the Maternity Unit and is a level two Special Care Nursery. It provides care to sick and preterm babies who are delivered at or after 34 weeks' gestation. The Neonatal Unit may also admit preterm or sick babies who have been cared for at King Edward Memorial Hospital and Princess Margaret Hospital.

The unit is staffed by onsite Paediatricians 24 hours a day and includes four open cot bays and two isolation rooms, as well as an individual room to monitor babies requiring respiratory support. Mothers who have babies requiring extended stays in the Neonatal Unit can have access to overnight accommodation within the Maternity Unit.

Orthopaedics

Head of Department - Mr Gavin Clark

The Orthopaedic team provides a comprehensive range of general orthopaedic and sports injury services, including robotic total and partial knee replacement surgery, total joint replacement surgery, arthroscopic surgery and paediatric orthopaedics.

The service provides opinions, evaluations and surgical treatments for the following specialties:

- Lower limb (hip, knee, foot and ankle)
- Upper limb (shoulder, elbow, hand and wrist)

Following surgery, the hospital provides inpatient physiotherapy and occupational therapy delivered through the hospital's well equipped gymnasium, hydrotherapy pool and specialised assessment and treatment rooms.

No spinal, tumour or sarcoma service is currently available.

Limited trauma service for fractures seen through the Emergency Department. There is currently no GP pathway to the Orthopaedic Trauma Service.

Midland Orthopaedics

T: (08) 9462 4523

F: (08) 9274 8933

E: mi.orthopaedicssecretary@sjog.org.au

www.midlandorthopaedics.com.au

Public Patients:

Public patients attend the bulk billed outpatient clinics run through the Midland Orthopaedics private sessional suites, based within SJG Midland Public Hospital's consulting suites.

Public patients have access to the comprehensive range of elective surgical procedures for both sporting injuries and general orthopaedics, as noted above.

All public referrals are to be sent and accepted via the Central Referral Service.

A preferred surgeon can be nominated for public patients, however, if the referral does not meet relevant criteria for allocation to St John of God Midland Public Hospital, the CRS will redirect the referral to the applicable hospital.

Private patient referral pathway

A comprehensive range of private surgical procedures are provided for sporting injuries and general orthopaedics.

Urgent appointments are available for private patients.

Referrals should be sent directly to the private specialists. Refer to the Private Specialist Directory.

Outpatients

Director of Allied Health and Outpatient Services - Erin Wilson

Outpatient enquiries

T: (08) 9462 4030

E: mi.outpatients@sjog.org.au

Outpatient services

Outpatient services have separate referral points: General Outpatients, Allied health, Midland Physician Service and Midland Orthopaedics.

General outpatients

All medical and surgical referrals should be sent to the Central Referral Service (CRS)

F: 1300 365 056

E: centralreferralservice@health.wa.gov.au

Post: Central Referral Service

PO Box 3462, Midland WA 6056

If you are referring a patient from a public hospital, please use the Standard Referral Template on our website www.sjog.org.au/midland (go to "For medical professionals" section)

Referral queries:

T: (08) 9462 4293

F: (08) 9462 4085

E: mi.referrals@sjog.org.au

General outpatient services include:

- Continence
- Diabetes (nurse-led clinic)
- ENT (internal referrals only)
- Fracture Clinic (internal referrals only)
- General surgery
- Geriatric medicine
- Gynaecology
- General paediatric
- Paediatric neurology
- Paediatric complex care (feeding difficulties and complex problems)
- Obstetrics
- Oncology
- Ophthalmology (Medicare referrals only)
- Stroke
- Stomal therapy
- Urology (Medicare referrals only)
- Wound management

Other outpatient services

Midland Multidisciplinary Complex Foot Service

T: 9462 4325 to discuss
urgent referrals

F: 9462 5004

E: mi.referrals@sjog.org.au and CC: mi.podiatry@sjog.org.au

Please attach all medications, relevant investigations, reports and results.

Please do not send referrals to CRS.



Paediatrics

Head of Department - Dr Noel Friesen

T: (08) 9462 4482

F: (08) 9462 4442

Our general paediatric ward, located on level two, provides inpatient and outpatient care for children under 16 years of age who live in the hospital's catchment area.

Our service offers general medical and surgical inpatient care, with specialised care provided at Perth Children's Hospital as needed. Outpatient medical and allied health care is also provided to support patients once they are discharged from hospital.

The 12-bed ward features a bright and colourful communal area for younger patients, their siblings and family members to play in while on the ward. An adolescent area also provides a space for older children to spend time during their hospital stay.

Each room has furniture available for a parent or guardian to stay overnight.

Children under 16 years of age needing emergency medical care can be treated at our Emergency Department. If necessary, children are assessed and treated in the separate emergency paediatric area in the Emergency Department, depending on their symptoms.

Children can be referred to our public paediatric outpatient service via the Central Referral Service or their treating surgical specialist.

Private patient referral pathways

Private patients requiring care for the following can be referred to our private specialists:

- paediatric gastroenterology
- hepatology
- hypospadias repair
- inguinal hernia repair
- umbilical hernia repair
- epigastric hernia repair
- hydrocele repair
- orchidopexy for undescended testis
- laparoscopy for correction of adolescent varicocele
- laparoscopic cholecystectomy
- laparoscopic fundoplication
- laparoscopic appendicocaecostomy for encopresis
- rectal biopsy
- lingual frenulotomy
- circumcision
- excision subcutaneous and skin lesions
- excision thyroglossal cysts
- neck and preauricular sinus care can be referred to our private specialists.

For more information, refer to the Private Specialist Directory.

Pathology - Australian Clinical Labs

Laboratory Manager - Leah Bairstow

T: (08) 9462 5192

F: (08) 9462 5205

Australian Clinical Labs provides the hospital's laboratory and outpatient collection centre needs. The laboratory operates 24 hours a day, seven days a week with a pathologist onsite and offers access to rapid outpatient diagnostic pathology services for doctors and patients in Midland and surrounding suburbs.

The pathology collection centre is located near the hospital's main entrance and has four rooms, ensuring minimal waiting times. Outpatient specimen collections are performed for clinic patients, general practitioners and external requests, such as glucose tolerance tests. Daily ward rounds for inpatients are performed by the collection centre throughout the year.

Collection centre hours:

T: (08) 9462 5190

F: (08) 9462 5206

Monday to Friday 7.00am - 6.00pm

Saturday 8.00am - 12.00pm

Pharmacy - HPS Pharmacies

Director of Pharmacy - Nyree Marr

Pharmacy services are provided by HPS Pharmacies, which offers personalised inpatient and outpatient services, including, but not limited, to:

- Retail pharmacy services
- Inpatient, discharge and outpatient dispensing services
- Medication delivery service
- Clinical pharmacy services
- Oncology and aseptic manufacturing, and
- Pharmacy compounding.

The retail pharmacy stocks a large range of everyday pharmacy products to meet individual needs.

The Department of Veterans' Affairs will pay for all medications provided to veterans.

Retail hours:

Monday to Friday 8.00am - 6.00pm

Saturday 8.00am - 3.00pm

Sunday and public holidays 8.00am - 12.00pm

Radiology - Perth Radiological Clinic

Head of Department - Dr Susanne Guy and Dr Phil Masur

Referrer's priority phone number: (08) 6274 3570

T: (08) 6274 3500

F: (08) 6274 3590

Book online via www.perthradclinic.com.au

Perth Radiological Clinic is based at St John of God Midland Public and Private Hospitals. Its clinic provides a comprehensive range of services to both hospital inpatients and outpatients referred from the local medical community.

Services provided on site include:

- MRI (Medicare rebates may apply)
- Two low radiation dose CT scanners
- Ultrasound (including pregnancy scans, scans of the abdomen, blood vessels, joint and tendon scans, and Doppler)
- Fine needle aspiration
- Digital X-ray
- Nuclear medicine
- Interventional radiology (may require hospital admission)
- OPG (dental x-ray)

The comprehensive clinic is open Monday to Friday from 8.30am – 5.00pm for all outpatients. In addition the department provides out of hours emergency radiology (CT, ultrasound and X-ray) for hospital inpatients and patients from the Emergency Department.

Bookings can be made by calling the main clinic number or patients can request an appointment online via: www.perthradclinic.com.au

Services not provided

St John of God Midland Public Hospital provides all the services contracted by the State Government, which includes many new and expanded services for our region.

As with any public hospital, whether or not a treatment is provided depends on a number of factors, including whether the treatment is appropriate to be provided by that facility and whether it is medically indicated.

In line with our commitment to respect the dignity of human life from conception, there are a small number of reproductive services that are not provided at either the public or private hospital. These include termination of pregnancy, sterilisation or contraception, unless the primary purpose is to save a person's life or treat a disease.

Anyone seeking services not provided at the hospital will be given information on the availability of these services at other health care facilities, if that is the patient's preference. In keeping with the organisation's values, our staff fully respect and support patients' rights to exercise their choice in medical decisions and provide them with full information on their options, including directing them to their GP or treating specialist.

What happens in an emergency situation?

Patients with a serious or life threatening complaint, regardless of its nature, always receive appropriate, respectful and high quality care.

Complications arising from a service not provided at the hospital

Patients with a health condition or complication arising from pregnancy, or a procedure undertaken at another facility, always receive medically appropriate treatment at our hospitals, in keeping with our core values and ethical standards.

What happens in the case of sexual assault?

As is the case at other facilities, a patient who has been sexually assaulted receives appropriate and respectful care at the hospital and referred to the WA Sexual Assault Resource Centre for further treatment.

Will the morning after pill be provided to a rape victim?

Yes, provided a pregnancy test confirms the victim is not already pregnant. Clinical staff discuss all treatment options with the patient, including a transfer to the WA Sexual Assault Resource Centre, as undertaken by all WA hospitals.

Prenatal blood tests

We provide prenatal blood tests to help doctors estimate the risk of genetic disorders. Parents are provided with information based on their results.

For more information

The *Code of Ethical Standards for Catholic Health and Aged Care Services in Australia* is available online at <http://www.cha.org.au/code-of-ethical-standards.html>

Social Outreach services

Mental Wellbeing Services

T: 1800 313 016

E: mentalwellbeing@sjog.org.au

W: www.sjog.org.au/mentalwellbeing

St John of God Mental Wellbeing Services provide community based mental health treatment and support for people aged 16 years and over. Treatment is provided at low or no cost with a GP referral and Mental Health Care Plan and may include:

- Individual counselling – available via telehealth or in-person
- Psychiatric support

Raphael Services

T: 1800 292 292

E: raphael.wa@sjog.org.au

W: www.sjog.org.au/raphael

St John of God Raphael Services provides specialised mental health treatment and support for parents and families during the perinatal period, up to the child's fourth birthday.

Provided at no-out-of-pocket expense, with a GP referral and Mental Health Care Plan, the services are available to all members of the community not just St John of God hospital patients.

Drug and Alcohol Withdrawal Network (DAWN)

T: (08) 9388 5000

F: (08) 9380 9793

E: dawn@sjog.org.au

W: www.sjog.org.au/dawn

St John of God Drug and Alcohol Withdrawal Network (DAWN) assists people to reduce or stop their substance use by providing care and support at home. The free and confidential withdrawal service is run by clinical nurse specialists who visit clients at home and support them through the withdrawal process in shared care with their general practitioner (GP).

Services include:

- Ability for clients to self-refer
- Assessment
- A medicated or non-medicated home-based withdrawal plan
- GP liaison
- Home visits
- Telephone withdrawal service
- Specialist case management with clinicians available to support GPs during consults with relevant patients via telephone
- Education and support for clients, their family and their GP
- Referrals to appropriate counseling and rehabilitation services

Horizon House

E: horizonhouse@sjog.org.au

W: www.sjog.org.au/horizonhouse

St John of God Horizon House provides medium-term accommodation and support to young people aged 16-22 years who are currently experiencing, or are at serious risk of, homelessness. The service focuses on providing stability, support and building life-skills so young people can achieve their goals and transition to independent living.

Horizon House offers:

- Stable accommodation
- Counseling and support
- Supported links to specialist appointments
- Individualised case management
- A life skills program

Contact details for individual Horizon House locations are available at www.sjog.org.au/horizonhouse.

Horizon House Young Mother and Baby Program

T: (08) 9276 6948

E: horizonhouse@sjog.org.au

W: www.sjog.org.au/horizonhouse

The St John of God Horizon House Young Mother and Baby Program provides accommodation and support to vulnerable young mothers aged 16-22 years from a wide variety of backgrounds and circumstances. The program helps them to take their pregnancy to term and focuses on providing stability, support and building life-skills so young mothers can achieve their goals and transition to independent living.

Horizon House Young Mother & Baby Program offers:

- Stable accommodation
- Counselling and support
- Supported links to specialist appointments
- Individualised case management
- A life skills program

Young women must be at least 12 weeks pregnant, confirmed by a gp to be eligible for the program.

Private Specialist Directory

AGED CARE



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DENTAL SURGERY



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GENERAL SURGERY



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GYNAECOLOGY



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INFECTIOUS DISEASES



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OPHTHALMOLOGY



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PAEDIATRICS



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PAIN MANAGEMENT



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PLASTIC SURGERY



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PODIATRIC SURGERY



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RENAL MEDICINE



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W: www.midlandms.com.au
HL EDI: midmedsp

RESPIRATORY MEDICINE



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SLEEP MEDICINE



Dr Jane Hadfield
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E: mps.sleepadmin@sjog.org.au
W: www.sjog.org.au/doctors
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W: www.sjog.org.au/doctors
HL EDI: midphyss

UROLOGY



Dr Ivan Aw
 Level 1, 6 Centennial Place, Midland
T: 6317 3464 | **F:** 8164 5026
E: midlandurology@icon.team
W: www.sjog.org.au/doctors
HL EDI: drivanaw



Dr Paul McRae
 Level 2, Urology Clinic,
 Ellesmere Road, SJG Mount Lawley
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E: reception@paulmcrac.net
W: www.sjog.org.au/doctors
HL EDI: pajmcrac



Dr Aleksandra Vujovic
 Bell Castle Specialist Centre
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E: reception@vujovic.com.au
W: www.vujovic.com.au

VASCULAR



Dr Nishath Altaf
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T: 9244 6215 | **F:** 6315 6423
E: reception@draltaf.com.au
W: www.draltaf.com
HL EDI: drnaltaf



Dr Peter Bray
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E: admin@vascularsolutions.com.au
W: www.vascularsolutions.com.au
HL EDI: drpebray



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W: www.westcoastvascular.com.au
HL EDI: drksieun



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E: admin@accessvascular.com.au
W: www.avascular.com.au

Please note: information on specialists is subject to change, for an up-to-date listing or more information please refer to sjog.org.au/find-a-specialist

¹Treats paediatric patients

²Offers general medicine and complex medical service

³Direct access endoscopy referrals to Midland Private Endoscopy

⁴Does not treat public patients

Private Specialist Groups

MIDLAND MEDICAL SPECIALISTS

Suite 6, Level 1,
81 Yelverton Drive, Midland
T: 6371 5050 | F: 6371 5055
E: admin@midlandms.com.au
W: www.midlandms.com.au
HL EDI: midmedsp

Offering services in: cardiology, diabetes and endocrinology, gastroenterology and endoscopy, infectious diseases, renal medicine, respiratory medicine and general medicine.

MIDLAND PRIVATE ENDOSCOPY

Level 1, Midland Physician Services
SJG Midland
T: 9462 4491 | F: 9462 5270
E: mps.mpe@sjog.org.au

Offering services in: gastroscopy and colonoscopy for bowel cancer screening, adenoma surveillance, Barrett's surveillance, investigation of gastrointestinal symptoms, advanced endoscopic procedures including endoscopic retrograde cholangiopancreatography.

MIDLAND SURGICAL SERVICES

Suite 6 & 7, SJG Midland
T: 9462 5694 | F: 9462 4490
E: misessional.suites@sjog.org.au
W: www.sjog.org.au/doctors
HL EDI: missuite

Offering services in: colorectal, breast, endocrine, hepatobiliary, upper gastrointestinal and general surgery.

PRIVATE ALLIED HEALTH SERVICES

Level 1, Day Therapy Unit
St John of God Midland Public and Private Hospitals
T: 9462 4281 | F: 9462 5004
E: mi.alliedhealthprivate@sjog.org.au

Offering services in: occupational therapy, physiotherapy, clinical psychology, speech pathology and dietetics.

ULTRAHAND

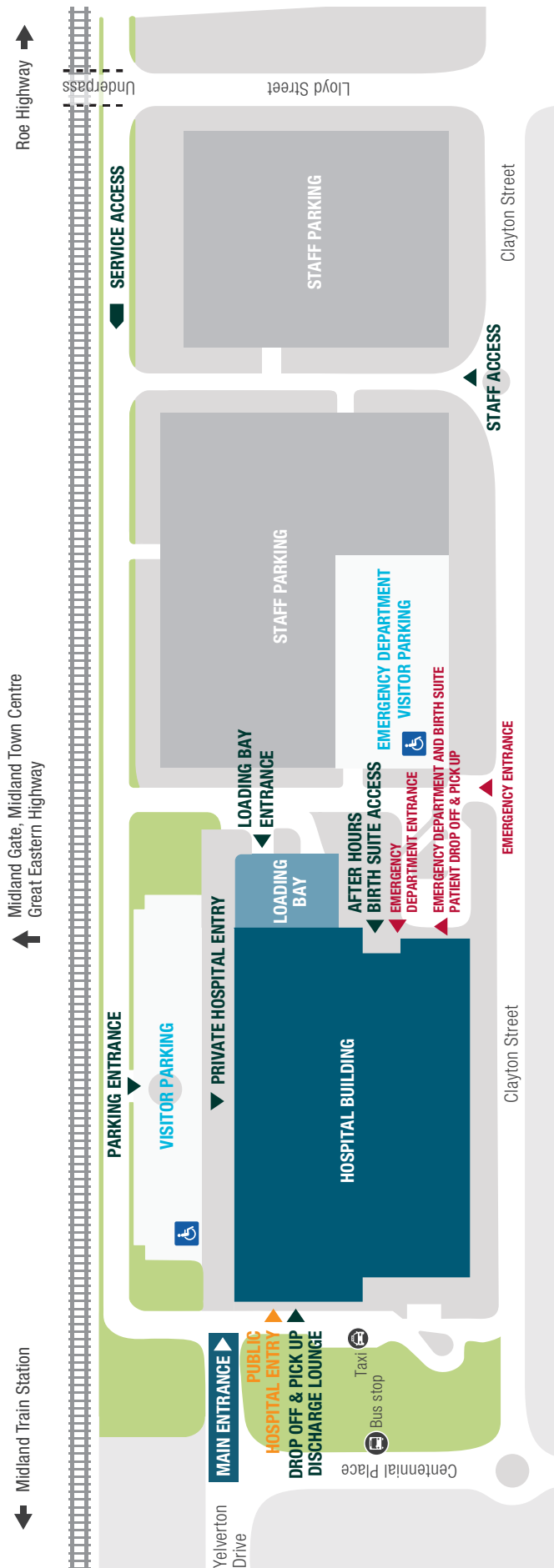
Offering emergency workplace injury management
T: 0449 885 872

Offering services in: hand and limb injuries, lacerations, crush injuries and blunt trauma, re-plantation of detached fingers and soft tissue trauma.

WESTERN CARDIOLOGY

Suite 8 & 9, SJG Midland
T: 9346 9336
E: info@westerncardiology.com.au
W: www.westerncardiology.com.au

Hospital map



To view larger map, refer to sjog.org.au/midland

Public hospital catchment area

SUBURB	POST CODE	SUBURB	POST CODE	SUBURB	POST CODE
ASHFIELD	6054	ELLENBROOK	6069	MOOLIABEENEE ²	6504
AVELEY	6069	FORRESTFIELD	6058	MOONDYNE ²	6567
AVON VALLEY NATIONAL PARK	6084	GIDGEGANNUP	6083	MORANGUP	6083
BAILUP	6082	GLEN FORREST	6071	MOUNT HELENA	6082
BALLAJURA ¹	6066	GOOSEBERRY HILL	6076	MUCHEA ²	6501
BASKERVILLE	6056	GORRIE	6556	MUNDARING	6073
BASSENDAN	6054	GREENMOUNT	6056	NORANDA ¹	6062
BEECHBORO	6063	GUILDFORD	6055	NUNILE ²	6566
BEECHINA	6556	HACKETTS GULLY	6076	PARKERVILLE	6081
BEJOORDING ²	6566	HAZELMERE	6055	PAULLS VALLEY	6076
BELHUS	6069	HELENA VALLEY	6056	PICKERING BROOK	6076
BELLEVUE	6056	HENLEY BROOK	6055	PIESSE BROOK	6076
BENNETT SPRINGS	6063	HERNE HILL	6056	RED HILL	6056
BICKLEY	6076	HIGH WYCOMBE	6057	RESERVOIR	6076
BINDOON ²	6502	HODDYS WELL ²	6566	SAWYERS VALLEY	6074
BINDOON TRAINING AREA ²	6502	HOVEA	6071	SOUTH GUILDFORD	6055
BOYA	6056	JANE BROOK	6056	STONEVILLE	6081
BRABHAM	6055	JULIMAR ²	6567	STRATTON	6056
BRIGADOON	6069	KALAMUNDA	6076	SWAN VIEW	6056
BULLSBROOK	6084	KIARA	6054	THE LAKES	6556
BUSHMEAD	6055	KOONGAMIA	6056	THE VINES	6069
CANNING MILLS	6111	LESMURDIE	6076	TOODYAY ²	6566
CARMEL	6076	LEXIA ¹	6079	UPPER SWAN	6069
CAVERSHAM	6055	LOCKRIDGE	6054	VIVEASH	6056
CHIDLOW	6556	LOWER CHITTERING	6084	WALLISTON	6076
CHITTERING	6084	MAHOGANY CREEK	6072	WALYUNGA NATIONAL PARK	6084
COONDLE ²	6566	MAIDA VALE	6057	WANNAMAL ²	6505
CULHAM ²	6566	MALAGA ¹	6090	WATTENING ²	6568
CULLACABARDEE ¹	6067	MALMALLING	6556	WATTLE GROVE	6107
DARLINGTON	6070	MELALEUCA	6079	WEST SWAN	6055
DAYTON	6055	MIDDLE SWAN	6056	WEST TOODYAY ²	6566
DEWARS POOL ²	6567	MIDLAND	6056	WHITEMAN	6068
DUMBARTON ²	6566	MIDVALE	6056	WOODBIDGE	6056
EDEN HILL	6054	MILLENDON	6056	WOOROLOO	6558

¹Note: if relevant inpatient services are provided at the hospital.

²Note: if relevant outpatient services are provided at the hospital.

For more information: www.sjog.org.au/midland, info.midland@sjog.org.au or (08) 9462 4000.

About St John of God Health Care

St John of God Midland Public and Private Hospitals is a division of St John of God Health Care, a leading Catholic not-for-profit provider of high-quality health care and community services in Australia and New Zealand.

As a not-for-profit health care provider, we return all surpluses to the communities we serve by updating and expanding our facilities and technology, developing new services, investing in people, and providing our social outreach services to those experiencing disadvantage.

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