

Referral guide for mental health service at Langmore Centre



ST JOHN OF GOD
Langmore Centre

| What conditions or concerns do we support? | | |
|--|---|--|
| <ul style="list-style-type: none"> • Depression • Anxiety • Stress • OCD • Trauma • Adolescent (consulting only) • Personality disorders • PTSD | <ul style="list-style-type: none"> • Chronic pain • Neurological conditions • Schizophrenia • Bipolar • Addictions (alcohol and other drugs) • Older adult psychiatry | <p>Including additional concerns also supported in the Perinatal Unit</p> <ul style="list-style-type: none"> • Perinatal depression/anxiety • Attachment concerns • Adjustment disorder • Postnatal psychosis • Birth trauma • Grief/loss |
| Treatment and management pathways | | |
| 1 | 2 | 3 |
| Inpatient program | Day program and Outreach | Consultation with Psychiatrist |
| <p>Acute mental health support delivered by a multidisciplinary team while staying in a modern, private facility with single-room accommodation.</p> <p>*For patients 18 years and over.</p> | <p>Face-to-face, weekly group therapy or individual home visits.</p> | <p>One-on-one therapy, inclusive of clinical assessment, development and management of treatment plan and ongoing care.</p> |
| Care Streams | | |
| Inpatient / Day Program / Outreach | | Consultation |
| <p>For ongoing therapy and/or a referral for an inpatient admission or outpatient therapy group.</p> <p>Intake Coordinator for Inpatient Admission, Day Programs and Outreach Visit</p> <p>T: 9773 7000 F: 9773 7055 E: Langmore-Intake@sjog.org.au</p> | | <p>For an outpatient appointment with a private practice psychiatrist.</p> <p>Referrals for Psychiatrist Consultation</p> <p>T: 9773 7200 E: Langmore-Referrals@sjog.org.au</p> |
| Referral information | | |
| <p>A referral from a GP, treating physician or psychiatrist is required to access mental health services.</p> <p>Refer to the Specialist Directory for a list of our accredited psychiatrists and their specialty areas.</p> <p>Referrals must be addressed to an accredited psychiatrist, or addressed to 'Dear Doctor' for the referral to be considered by all available psychiatrists.</p> | | |

Langmore Centre

3 Gibb Street, Berwick 3806

T. (03) 9773 7000

E. info.langmore@sjog.org.au

www.sjog.org.au/langmorecentre

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Health Care