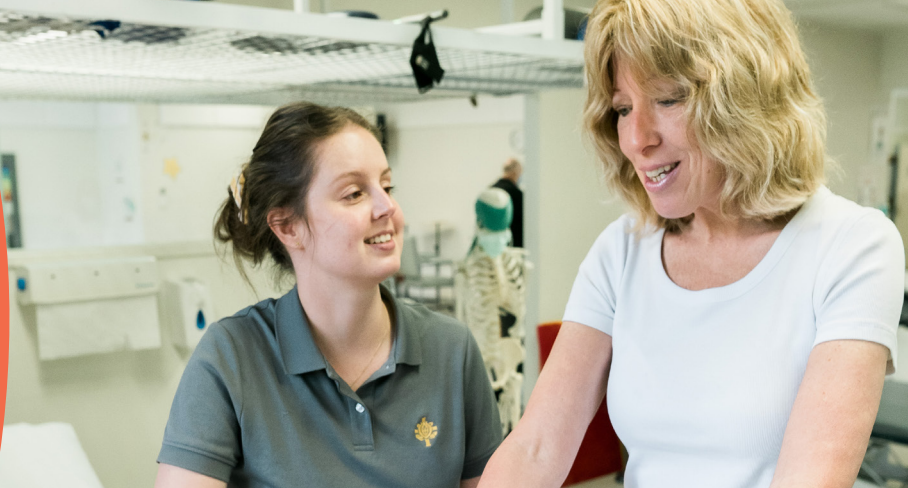


Outpatient rehabilitation services



As a specialist rehabilitation facility, our aim is to assist and optimise your recovery following surgery, medical illness, trauma or injury.

Our specialist team will create a rehabilitation program catered to the needs of the individual patient following a comprehensive assessment by our team of professionals with services including:

- Physiotherapy
- Exercise Physiology
- Occupational therapy
- Speech pathology
- Dietetics
- Hydrotherapy
- Psychology
- Social work
- Pastoral services

● Group outpatient programs include:

- Cardiac rehabilitation
- Chronic pain management
- Falls and Balance
- Oncology Rehabilitation
- Pulmonary Rehabilitation
- Parkinson's Rehabilitation
- Parkinson's LSVT LOUD®
- Parkinson's LSVT BIG®
- LSVT BIG and LOUD for LIFE®

Referrals

A referral is required to take part in our programs and this can be from your specialist, GP or referring hospital.

Prior to commencement of your program you will meet with one of our rehabilitation consultants who will undertake a comprehensive assessment to provide the most comprehensive program for you.

Cancellation policy

It is requested that you provide at least 24 hours' notice of cancelling or rescheduling an appointment. Please call (03) 9788 3367 for cancellations

If you are unable to attend our program consistently, this may lead to cessation of the program. Any concerns will be discussed with you by your therapist.

Frequently asked questions

Where do I go on arrival?

Report at the outpatient desk located on ground floor next to front reception. You will need to report here every time you have an appointment as this is where you will pick up your ID badge and sign in.

What do I need to bring?

- Medical reports
- X-rays
- Please wear loose comfortable clothing
- Please wear appropriate footwear, for example runners

Where should I wait prior to my appointment?

A waiting room is available for patients to sit in. On your first appointment you will be directed to where you need to go and advised of procedure for subsequent appointments.

What should I expect at my first appointment?

Your first appointment will mainly consist of an assessment by your therapist to ascertain the best treatment for you.

How long will each session last?

As each program is individually tailored, a variation in therapy length will exist. Your program will be discussed with you at assessment and appointments scheduled.



Who organises transport and how is payment arranged?

Transport options are dependant on your funding body. Patients with private health insurance need to arrange their own transport.

How often will I attend the program?

This will depend on your individual program as agreed and discussed at your assessment. Your goals and program will be monitored and assessed regularly by the team with any treatment progression or changes discussed with you. It is important you are able to commit to the program.

What is I am unable to attend the program?

Please notify the hospital as soon as possible on (03) 9788 3367.

What are the hours of the outpatient programs?

The outpatient service is available Mon- Fri, 8am-5pm. We do our best to accommodate preferred appointment times.

Is there an onsite cafe?

Yes, our cafe offers a wide range of hot and cold food and beverages for patients and visitors to purchase.

Cost

Most programs are covered by your private hospital cover. It is your responsibility to make sure you are covered and aware of any excesses that apply.

If you are self-funding you will need to pay on the day of treatment. One of our administration staff will notify you of this cost and how to pay.

We accept TAC, Workcover and DVA patients. Please note we are a Tier 1 DVA provider.

255-265 Cranbourne Road, Frankston VIC 3199
T. (03) 9788 3333 F. (03) 8790 8747 E. info.frankston@sjog.org.au

www.sjog.org.au/frankston

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