# Neurological Rehabilitation





Rehabilitation can greatly improve your quality of life after the diagnosis of a neurological condition. Our team provides patient-centred care and evidence based therpy for neurological conditions such as: stroke, progressive neurological conditions, TBI, Parkinsons' Disease and more. The team, led by a rehabilitation physician, includes neurological therapists and nurses. They will work closely with patients and their families to develop goals and maximise independence and improve quality of life.

The team can include:

- Rehabilitation physician
- Physiotherapist
- Occupational therapist
- Dietician
- Pastoral practitioner

- Nurse
- Exercise physiologist
- Speech pathologist
- Social worker
- Psychologist

#### We offer:

- Patient centred care
- Inpatient rehablitation which is neurological-specific with a 7 day/per week service
- Outpatient neurological-specific rehabilitation
- Minimal wait period from inpatient to outpatient therapy
- Individual and group programs for both inpatients and outpatients
- Current and latest equipment specific for neurological recovery
- Specific rehabilitation from the early stages of diagnosis through to later stages of rehabilitation or condition progression
- Promotion of health independence

# Neurological specific rehabilitation

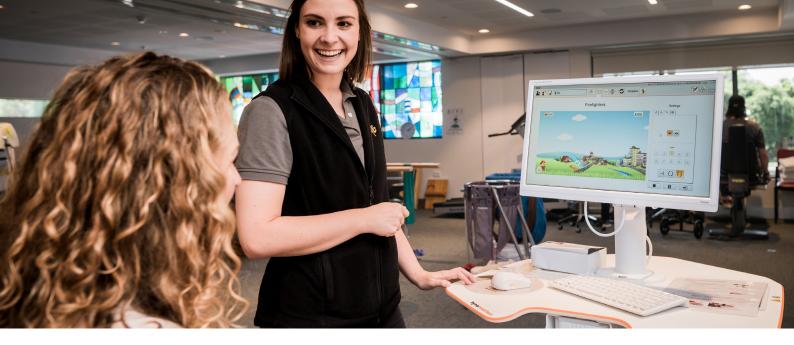
We are committed to providing the best practices available for patients suffering from neurological conditions with caregivers highly trained and involved in research. Specialty programs include:

### LSVT LOUD & LSVT BIG

Intensive exercise programs for people living with Parkinson's Disease. Aims to improve vocal loudness and amplitude of movement.

# **PABLO** by Tyromotion

The PABLO system is an assessment and therpay device for the rehabilitation of the hands and arms. It provides interactive training of movement and grip strength using a hand sensor and computer gaming systems. We have one of only two PABLO systems in Victoria.



#### **SENSe**

The SENSEe Implement program helps stroke survivors regain a sense of touch. Trained therapists utilise tools for accurate and early detection of sensory issues and a pathway for treatment.

# sEMG (surface electromyography)

Incorporating biofeedback into therapy assists our patients in learning and performing swallowing exercises for improved swallow function.

#### Referrals

#### **Outpatients**

A referral from your GP or Neurologist is needed to attend as an outpatient

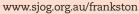
If you have an acute stay at another hospital you can easily be referred directly to inpatients, and continue with outpatient therapy where indicated. You may also be referred from your GP or Neurologist from home for your inpatient rehabilitation stay.

# Cost

The program is funded by most private health insurance policies. Check with your insurer first. Self-funding options

DVA, Workcover and TAC may fund patients whose neurological condition is directly related to their claims.

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